

# SAFESITTER

Safe Sitter® Essentials is a 1-day class designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue!



## CLASS CONTENT

### SAFETY SKILLS

Indoor Safety • Outdoor Safety • Online Safety • Personal Safety • Handling Emergencies

### CHILD CARE SKILLS

Child Development • Child Care Duties • Behavior Management

### FIRST AID & RESCUE SKILLS

Injury Prevention • First Aid and Injury Management • Choking Rescue

### LIFE & BUSINESS SKILLS

Job Screening • Setting a Wage • Canceling Jobs • Meeting Employers

## CLASS INFORMATION

### Kiwanis Club of Tysons, VA

Fairfax County Government Center  
12000 Government Center Parkway  
Fairfax, VA 22035

Visit [tinyurl.com/kiwanis-safe-sitter](http://tinyurl.com/kiwanis-safe-sitter) for more information and class dates.



**Kiwanis**<sup>®</sup>  
TYSONS, VA