

SAFESITTER

Safe Sitter® Essentials is a 1-day class designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue!



CLASS CONTENT

SAFETY SKILLS

Indoor Safety • Outdoor Safety • Online Safety • Personal Safety • Handling Emergencies

CHILD CARE SKILLS

Child Development • Child Care Duties • Behavior Management

FIRST AID & RESCUE SKILLS

Injury Prevention • First Aid and Injury Management • Choking Rescue

LIFE & BUSINESS SKILLS

Job Screening • Setting a Wage • Canceling Jobs • Meeting Employers

CLASS INFORMATION

Kiwanis Club of Tysons

Fairfax County Government Center
12000 Government Center Parkway
Fairfax, VA 22035

Visit tinyurl.com/safesittertysons for more information and class dates.



Kiwanis
TYSONS, VA



Presenter: Jen Wolff, jen@wolff.net

Safe Sitter Essentials

Kiwanis Club of Tysons, VA (30 members)

The Kiwanis Club has been a Safe Sitter teaching site since 2006.

Committee/members needed to successfully run this project:

- Site Coordinator
- Registration Coordinator
- Instructors (each instructor should commit to teach two classes per year; each class needs two instructors;
- therefore, if you have four instructors, you can run four classes per year)

Costs associated with this project:

\$699 to become a Teaching Site; this includes training and materials and a polo shirt for one instructor, the Game Pack, and Graphics Pack used throughout the course.

\$85 for each additional Instructor training; this includes instructor materials and polo shirt

About \$400 for two Simulaids Timmy Rescue Manikins and/or Toddler Choking Rescue manikins for choking rescue.

About \$128 for 8 Soft-bodied dolls - 1 doll per 2 students

Class materials from Safe Sitter - cost will be recovered by student registration fees

Food and consumable class materials - cost will be recovered by student registration fees

All information on how to be a teaching site is available at safesitter.org.